

Take The Pledge To Control Your Blood Pressure

Please fill out this pledge and print it. Thank you for making the commitment to control your blood pressure! Checking your blood pressure is easier than you think.

Work with your doctor to take control and keep your blood pressure in a healthy range. Monitoring is power!



Name: _____

Date: _____

Health Net Community Solutions, Inc. is a health plan that contracts with both Medicare and Medi-Cal to provide benefits of both programs to enrollees.

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